

ECHO Chronic Pain and Rheumatology Bootcamp 2023

Time	Agenda
FRIDAY 24 NOVEMBER, 2023	
12:00-12:15pm	Registration
12:15-12:45pm	Lunch and Learn: Person with lived experience Q&A (everyone)
12:45-2:15pm 1.5 hours	Session 1: Participants choose 1 workshop to attend. Workshop A: Emerging Chronic Pain Psychotherapy Modalities – Dr. Orit Zamir & Suzanne Deutsch Workshop B: Opioid Tapering – Dr. John Flannery & Sandra Veljovic
2:15-2:30pm (15 mins)	BREAK
2:30-4:00pm 1.5 hours	Workshop C: Fibromyalgia – Dr. John Flannery & Dr. Orit Zamir (everyone)
4:15-5:15pm 1 hour	ECHO Chronic Pain Focus Group (Optional)
SATURDAY 25 NOVEMBER, 2023	
7:45-8:15am	Registration & Breakfast
8:15-8:30am	Welcome & Introductions (everyone) (introduce participants, instructions for the day)
8:30-10:30 (2 hours)	Session 2: Participants choose 1 workshop to attend. Workshop D: History and Physical Exam – Dr. John Flannery & Dr. Andrew Smith Workshop E: Rheumatology Session – History and Physical Exam & hand and wrist examination – Dr. Amanda Steiman, Dr. Cassandra Schulz, & Erin Puhalski
10:30-10:45am 15 mins	BREAK
10:45-12:30pm 105 minutes/ 1 hour and 45 mins	Session 3: Participants choose 1 workshop to attend. Workshop F: Myofascial Pain – Dr. Andrea Furlan & Mandy McGlynn Workshop G: Patient Education – Suzanne Deutsch, & Lynn Cooper Workshop H: Rheumatology: Joint Injections (Lower) - Dr. Amanda Steiman, Dr. Cassandra Schulz, & Erin Puhalski
12:30-1:30pm	LUNCH
1:30-3:30pm (2 hours)	Session 4: Participants choose 1 workshop to attend. Workshop I: Back Pain – Dr. Carlo Ammendolia Workshop J: Challenging Conversations – Dr. Orit Zamir, Dr. John Flannery, & Dr. Aileen Comerton

	Workshop K: Rheumatology: Joint Injections (Upper) - Dr. Amanda Steiman, Dr. Cassandra Schulz, & Erin Puhalski
3:30-3:45pm (15 mins)	Power Over Pain Portal – Lynn Cooper (everyone)
4:00-5:00pm (1 hour)	ECHO Rheumatology Focus Group (optional)